

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7 October	Over-Baked Fish Fingers - Or - Beef Bolognese & Garlic Bread	Homemade BBQ Chicken Pizza - Or - Traditional Irish Stew & Wheaten Bread	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Baked Quorn Dippers & BBQ Sauce Sweetcorn / Roast Courgette Boiled Rice / Mashed Potato	Roast Pork, Stuffing & Gravy - Or - Chicken Goujons & Sweet Chilli Dip Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Beef Burger & Bap - Or - Rainbow Salad Wrap Iceberg Lettuce, Tomato, Cucumber, Pepper, Cheese Mini Corn-on-the-Cob / Garden Peas Chipped Potato / Baked Potato
4 November	Baked Beans / Marrowfat Peas	Coleslaw / Baton Carrots	Chocolate & Raspberry Spongecake with Custard	Home-baked Popcorn Cookie & Orange Wedges	Frozen Strawberry Mousse
2 December	Pasta Spirals / Oven-baked Wedges	Chipped Potato / Baked Potato			
30 December	Vanilla Ice-Cream, with Peas & Butterscotch Sauce	Homemade Banana Cake			
27 January					
14 October	Fish Finger "Seadog" served in a finger roll - Or - Beef Lasagne & Coleslaw	Savoury Beef Mince & Crusty Bread - Or - Homemade Margherita Pizza	Peppered Chicken - Or - Oven-Baked Pork Sausages	Roast Gammon, Stuffing & Gravy - Or - Creamy Mac 'r' Cheese with Garlic Bread	Crispy Baked Chicken Burger & Bap - Or - Tuna Mayo Deli Roll
11 November		Sweetcorn / Baton Carrots	Mini Corn-on-the-Cob / Garden Peas Mashed Potato / Boiled Rice	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Spaghetti Hoops / Asian Slaw Chipped Potato / Baked Potato
9 December	Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato	Over-baked Cubed Potato / Mashed Potato	Home-baked Jam & Coconut Sponge & Custard	Chocolate Rice Krispie Square	Raspberry Jelly & Peach Slices
6 January	Apple & Pear Crumble with Custard	Arctic Roll & Winter Berry Sauce			
3 February					
21 October	Homemade Ham & Cheese Pizza - Or - Home-Baked Chicken Crumble	Beef Bolognese - Or - Roast Chicken and Gravy	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Oven-Baked Breaded Whiting	Roast Beef, Yorkshire Pudding & Gravy - Or - Salmon Fish Fingers & Lemon Mayonnaise	Hotdog & Tomato Ketchup - Or - Beef Burrito
18 November		Cauliflower Cheese / Steamed Broccoli	Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Coleslaw / Baked Beans Chipped Potato / Pasta Salad
16 December	Spaghetti Hoops / Mini Corn-on-the-Cob	Mashed Potato / Pasta			
13 January	Roast Potato Wedges / Mashed Potatoes				
10 February	Vanilla Ice-Cream with Pear Slices & Hot Chocolate Sauce	Apple Sponge with Custard	Frozen Smoothie	Chocolate Cracknel & Custard	Homemade Oatmeal Biscuit & Fresh Fruit Pot
28 October	Over-Baked Fish Goujons - Or - Homemade Margherita Pizza	Cottage Pie - Or - Over-Baked Chicken Goujons & Choice of Dip	"Lunch Bunch" Chicken Curry & Naan Bread - Or - Oven-Baked Cod Fishcake	Turkey & Ham, Stuffing, Gravy - Or - Sweet Potato Fritter with Flatbread & Sweet Chilli Mayo	Over-Baked Chicken Nuggets - Or - Homemade Beef Lasagne with Crunchy Coleslaw
25 November	Steamed Garden Peas / Spaghetti Hoops	Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Pasta Spirals	Sweetcorn / Roasted Butternut Squash Boiled Rice / Mashed Potato	Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Baked Beans / Garden Peas Chipped Potato / Baked Potato
23 December	Chipped Potato / Baked Potato				
20 January	Chocolate & Raspberry Brownie	Ice-cream, Jelly & Two Fruit	Chocolate & Pear Sponge with Custard	Homemade Flapjack & Orange Wedges	Choice of Fruit Yoghurt Pot

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO
PRODUCT AVAILABILITY